

The Harmony Trust PSHE Subject Overview

Autumn 1 Overview

Key Themes						
Health and Well-being		Relationships Education			Living in the Wider World	
Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision <i>Pupils will learn about the school rules and create rules within their own class/unit.</i>	Rules and Responsibilities <ul style="list-style-type: none"> - Rules & Expectations - Getting Help - Taking Turns - Lending/Borrowing - Sharing - Caring 	Rules and Responsibilities <ul style="list-style-type: none"> - Rules - Getting Help - Trusted Adults - Ground Rules - Manners - Consequences 	Rules and Responsibilities <ul style="list-style-type: none"> - School Rules - Manners - Democracy - Respect - Opinions 	Rules and Responsibilities <ul style="list-style-type: none"> - Rules - Responsibility - Pupil Responsibility - Respect - Manners 	Rules and Responsibilities <ul style="list-style-type: none"> - School Rules - Manners - Democracy - Self-esteem - Respect 	Rights and Responsibilities <ul style="list-style-type: none"> - Rules - Responsibilities - Self-esteem - Self-respect - Respect & Diversity

Autumn 2 Overview

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Feelings Zippy Module 1 <ul style="list-style-type: none"> - Sad/Happy - Angry/Annoyed - Jealousy - Nervous The Harmony Pledge <ul style="list-style-type: none"> - Pledge Booklet - Character Competencies 	Making & Breaking Relationships Zippy Module 3 <ul style="list-style-type: none"> - Friendship - Conflict - Strengthening Relationships 	Healthy Lifestyles <ul style="list-style-type: none"> - Exercise - Hygiene - Spreading of germs - Nutrition - Balanced Diet 	Physical, Emotional & Mental Health <ul style="list-style-type: none"> - Physical & Mental Health Feelings Apple Module 1 <ul style="list-style-type: none"> - Our Feelings - How to feel better - Waking Up - Self-Awareness - Goal Setting 	Nutrition and Food <ul style="list-style-type: none"> - Calories - Nutrition - Poor Diet - Healthy Diet - Balanced Diet - Vaccinations 	Changes <ul style="list-style-type: none"> - Life Changes - Change Loss Apple Module 5 <ul style="list-style-type: none"> - Loss - Family Relationships - Mental Health

Spring 1 Overview

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Keeping Safe <ul style="list-style-type: none"> - Medicine Safety - Sun Safety - Road Safety - Strangers - Worry - Safer Internet 	Changing & Growing <ul style="list-style-type: none"> - Similarities & Differences - The Human Body - Respecting our bodies - Respecting difference - Brushing Teeth - Safer Internet 	Resilience/Keeping Safe <ul style="list-style-type: none"> - Bullying - Bystanders - Coping Strategies - Cyber-bullying - Road Safety - Railway Safety 	Economic Awareness Managing Money <ul style="list-style-type: none"> - The value of money - Money Choices - Spending - Managing Money - Financial Management 	Friendship Apple Module 3 <ul style="list-style-type: none"> - A good friend - Loneliness & rejection - Coping strategies - Trust - Conflict resolution - The Harmony Pledge 	Healthy Relationships <ul style="list-style-type: none"> - Boundaries - Appropriate Touch - Digital Boundaries - Reporting when feeling unsafe - Asking for advice

Spring 2 Overview

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Communication Zippy Module 2 <ul style="list-style-type: none"> - Expressing how I feel - Listening - Asking for Help - Saying what we want - The Harmony Pledge 	Conflict Resolution Zippy Module 4 <ul style="list-style-type: none"> - Friendship - Bullying - Anger - Conflict - The Harmony Pledge 	Keeping Safe <ul style="list-style-type: none"> - Internet Benefits - Dangers - Keeping Data Secure - Kindness Online - Online Safety 	Communication Apple Module 2 <ul style="list-style-type: none"> - Listening - Saying what you want - Speaking in difficult situations - Weekend Plans - Good manners - Saying difficult things 	Drugs, Alcohol & Tobacco <ul style="list-style-type: none"> - Drugs across school - Smoking (including vaping) - Alcohol - Drugs - Responsible Choices 	Aspirations <ul style="list-style-type: none"> - Personal Strengths - Achievements - Job Aspirations - Goals - The Harmony Pledge

ASPIRATIONAL COMMUNICATOR CONFIDENT COOPERATIVE CREATIVE HONEST
 MOTIVATIONAL PROBLEM SOLVER RESILIENT TOLERANT

Summer 1 Overview

Key Themes		
Health and Well-being	Relationships Education	Living in the Wider World

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Healthy Lifestyles	Money	Similarities & Differences	Growing & Changing	Solving Problems	Economic Awareness
	<ul style="list-style-type: none"> - Germs - Handwashing - Brushing Teeth - Healthy Eating - Exercise - Rest 	<ul style="list-style-type: none"> - Money Sources - Money & Values - Saving Money - Charity - Budgeting - Fundraising 	<ul style="list-style-type: none"> - Diversity - My Family - Families - Marriage - Stereotypes - Harmony Pledge 	<ul style="list-style-type: none"> - Being Healthy - Before puberty - Body changes - Teeth - Harmony Pledge 	Apple Module 4 <ul style="list-style-type: none"> - Online situations - Finding Solutions - Bullying - Cyberbullying - Online Time - Online Viability 	<ul style="list-style-type: none"> - Debate - Financial - Budgeting - Financial Risks - Ethical Spending - Peer Pressure

Summer 2 Overview

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision	Communities	Change & Loss	Emotions	First Aid	Physical & Emotional Health	Moving Forward
	<ul style="list-style-type: none"> - Belonging in the community - Belonging in the family - Local Citizenship - Y2 Transition - Hopes & Fears 	Zippy Module 5 <ul style="list-style-type: none"> - Change & Loss - Death & Loss - Hopes & Fears 	<ul style="list-style-type: none"> - Loss & Separation - Coping Strategies - Empathy - Emotions - Feelings - Help & Advice 	<ul style="list-style-type: none"> - First Aid - Head Injuries - Common Injuries - Asthma Attack - How to Help - Emergency Calls 	<ul style="list-style-type: none"> - Health - Physical Illness - Sleep - Health Support - Puberty 	<ul style="list-style-type: none"> - Puberty - Transition Apple Module 6 <ul style="list-style-type: none"> - Disappointment - Worries

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