DISHES AND THEIR ALLERGEN CONTENT – Summer Term 2024 – Week 3

DISHES				E		Lupin Flour	Milk		MIESVAD	A.				O VI
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk or Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
BBQ Meatball Sub & Oven Roast Wedges		√ Wheat					✓							√
Veggie Hotdog & Diced Sauté Potatoes		✓ Wheat												
Baked Potato with Cheese & Beans							✓							
Ham Carbonara & Penne Pasta		√ Wheat					✓							✓
Vegetable & Bean Burrito		√ Wheat												
Roast Chicken & Gravy														
Yorkshire Pudding		√ Wheat		1			✓							
Braised Plant Fillet														

Beef Lasagne	√			√				1
	Wheat							
Tandori Chunks & Basmati Rice	✓				✓			✓
Breaded Fish Fillet, Ketchup & Chips	√ Wheat		✓					
Veg Nuggets, Ketchup & Chips	√ Wheat							
Broccoli Florets Sweetcorn Kernels Diced Sauté Potatoes Baked Beans Garden Peas								
Mashed Potato Savoy Cabbage Baton Carrots Whole Green Beans Steamed Cauliflower								
Coleslaw		√		√				
Rice Pudding				(Milk)				
Choc Crunch	√ Wheat			√ (Marg)				
Fruity Yoghurts				✓				

Fresh Fruit Basket							

Review date:

03/06/24