Find Your Brave Word Search

Being brave is about sharing our worries and fears, asking for help and working with others to find a positive way forward. This can help us to overcome any challenges we face.

Think about all of this as you complete the word search.

| b | V | S | f | 0 | h | n | q | t | r | С |
|---|---|---|---|---|---|---|---|---|---|---|
| h | t | r | е | С | е | f | l | α | g | 0 |
| S | r | b | α | h | l | е | i | l | z | m |
| S | u | w | r | α | р | е | s | k | 0 | f |
| u | S | 0 | f | l | r | l | t | S | V | 0 |
| р | t | r | α | l | 0 | i | е | h | е | r |
| р | b | r | С | e | b | n | n | α | r | t |
| 0 | r | y | е | n | ι | g | n | r | С | Z |
| r | α | V | е | g | е | S | С | е | 0 | 0 |
| t | V | j | 0 | е | m | α | S | l | m | n |
| e | e | b | С | z | y | i | р | x | e | e |

talk share brave help listen worry fear support trust challenge problem overcome face feelings comfort zone



